

Psalms

23:1-6

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The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Rate Your Mate

This lesson deals with the three major pressure points that put your marriage under strain.

Before beginning this lesson, you and your mate should rate each other on the following key points. Then, compare and score your two sheets and use your ratings to work together toward improving your relationship. Keep in mind that by rating each other before getting into the lesson, you will find the lesson more meaningful.

Rating Scale: Never - 0; Seldom - 1; Sometimes - 4; Usually - 7; Always - 10.

- 1. My mate knows how to handle the pressure of marriage, especially those related to time, money, and lack of extended support from family, clan, and friends.**
- 2. My mate uses time wisely and stays within realistic limits when making commitments.**
- 3. My mate is a good money manager and handles the concerns related to money very well without worrying.**
- 4. My mate works at making friends, keeping up with our families and relatives, putting down roots.**
- 5. My mate works with me to make our marriage and family secure in the future with regard to money, sufficient time, and many friends to stand by us in good times and bad because we do the same with them.**

Add all your points for your individual score.

Composite score, adding *both* of your scores *together*.

60-79 Good

80-99 Exceptional

100 Careful there, Pinocchio

happen. With forty million of us moving each year, even to stay in one place does not guarantee stability of friends or neighbors because they will move and you will be left among strangers.

5. How many of you have moved since you got married? How many times?

6. As you look back, what problems did moving solve and what new problems did it create?

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NOTES


